# My quests this week

Ages 7 to 8

Kidventures

**Name** _____ **Week of** _____

| Every day | Stars | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|---|---|
| **Get up with your own alarm**<br>Turn off your alarm and get out of bed. | ★ 2 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| **Tidy your toys**<br>Put every toy back in its box or basket. | ★ 1 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| **Make your own breakfast**<br>Pour your cereal and milk, then clear up. | ★ 2 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| **Wait your turn to talk**<br>Wait for a pause before you speak. | ★ 1 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| **Do your homework**<br>Sit at your desk and finish today's homework. | ★ 2 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| **Walk the dog**<br>Walk the dog on its leash and pick up after it. | ★ 2 | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |

| This week | Stars | Done |
|---|---|---|
| **Vacuum your room**<br>Vacuum the floor of your room, corners too. | ★ 3 | ☐ |
| **Help cook dinner**<br>Wash, stir, measure or mix to help make dinner. | ★ 2 | ☐ |

**Stars this week** ★

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**My reward**

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